

Rochford District Holiday Activities

23 July - 4 September 2010

Youth Activities

Family entertainment

Activities for ages
18mths – 16

and much more ...



Rochford
District Council

Welcome

ALL activities must be prebooked unless otherwise stated.

Welcome to the Rochford District Summer Holiday Activities programme for children, families and teens, arranged by Rochford District Council with Virgin Active and Rochford Extended Schools.

With a huge selection of sports, arts and leisure activities on offer this Summer, this brochure is packed with all the details you need to make the most of the holidays including a daily timetable, booking codes and booking telephone numbers.

The Holiday Activities programme is available online up to two weeks before leaflets are delivered to schools at www.rochford.gov.uk/holidayactivities

Page Contents

2	Booking information
3	Rochford District Council activities
4	Virgin Active activities
5-7	Extended Schools activities
8-19	Holiday Activity Tables
20	Summer Swim Programme
21	Play Rangers
22	Club-V and Rayleigh Fun Day
23	RDSA10, 2012 Fun Day
24	Rayleigh Arts Festival
	Terms and Conditions

20.12 Offer – Claim your FREE place

Were you born on 20th December*?

If you were you are eligible for one free place on one of this summer's activities (excludes activities with booking code L or EP).

You will need to provide a recognised form of proof of your Date of Birth when making the booking to claim your free place.

*Offer refers to participant's DOB only

Booking codes and telephone numbers

RDC: Rochford District Council
01702 318191. **2% surcharge on all RDC credit card bookings.**

RES: Rochford Extended Schools
01702 545771 x3276. **Activities with RES code must be booked before 16 July.**

CH: Clements Hall Leisure Centre
SS5 4LN. 01702 207777

RLC: Rayleigh Leisure Centre
SS6 9NF. 01268 654510

GW: Great Wakering Sports Centre
SS3 0HX. 01702 219832

EP: Essex Pirates 07768 372686
Payments by cheque only

L: Lords Golf & Country Club
SS6 9QS. 01702 232377

GWL: Great Wakering Library
SS3 0EQ. 01702 219438

HOL: Hockley Library SS5 4BX
01702 203558

RAL: Rayleigh Library SS6 7BX
01268 775830

ROL: Rochford Library SS4 1PX
01702 546688

HUL: Hullbridge Library SS5 6ET
01702 230868

NBR: No booking required.

Please check the tables on pages 8 to 19 to ensure that the activity you want to book is aimed at the relevant age group.

Rochford District Council

The Leisure Team at Rochford District Council offer a range of Arts and Sports activities to take part in each holiday. Turn to pages 8-19 for all dates, venues and prices.

Summer Basketball Camps with The Essex Pirates

Join us for a fun 3-day Basketball camp with Essex's only professional team. The camp will consist of learning new skills and playing games.



The morning will be broken up into stations where you will get the chance to develop your dribbling, shooting and passing skills with the emphasis very much on having fun.

The games in the afternoon will take the format of 3-on-3 or 5-on-5 and will run throughout the week.

Everyone who attends for the 3 days will receive a Summer Basketball Camp T-Shirt with the Essex Pirates Logo.

Payment can only be made by cheque for these camps and bookings will be taken by The Essex Pirates so please see page 2 for more details.

ALL activities must be prebooked unless otherwise stated.

These activities can be booked with an Extended Schools voucher (excluding Basketball and Golf)

Outer Space Mobile Workshop

Fly a rocket to the moon or meet an alien in space! Make your very own Outer Space Mobile using out of this world images, arts and crafts. Get inspired for this fun workshop from The Art Spot by joining in with Essex Libraries' Summer Reading Challenge – this year the theme is 'Space Hop'.

'Rhythms of the Forest' with Different Drum

Listen out for a unique event in Hockley Woods this summer as 30 drums create a rhythmic experience for all to enjoy! Drop in to this free group-drumming workshop (also known as a drum circle) and join in the music-making fun. Open to all ages.

Family Rubber Stamp Making Workshop

Learn to carve your own rubber stamp - its easier than you think and great fun! Book artist Louise Best will help you design, cut and mount your own personal stamper for greeting cards, gift tags and fabrics.

Other activities running over the summer include

- Manga Art workshop
- Golf
- Football
- Archery
- Cricket
- Scuba Diving Experience
- Play Rangers –see page 19
- Swimming – see page 20

The above is just a selection of the activities on offer. Turn to pages 8-19 for the full programme.

Virgin Active

At **Clements Hall** and **Rayleigh Leisure Centres**, we have a variety of sports and activities to keep your kids of all ages entertained during the summer holidays.

Below is just a selection of the exciting activities on offer...

Swimming Lessons, Synchronised Swimming & Rookie Lifeguard (CH)

Following the ASA and RLSS Award Schemes, our courses will help kids of all ages improve their strokes, learn new skills and gain confidence in the water.

Trampolining (CH/RLC)

Bound, bounce... boing! Learn to bounce safely and master the basic skills required in trampolining.

Tennis (RLC)

Learn ball sense and good technique at our fun tennis sessions with a qualified coach.

Climbing (CH)

Come along and have a go at climbing under strict supervision and let us show you the ropes! No experience required.

These activities can be booked with an Extended Schools voucher

ALL activities must be prebooked unless otherwise stated.

Cheerleading, Funky Monkey Movers & Street Dance (CH/RLC)

Our specially designed dance classes are guaranteed to get everyone moving whether you fancy learning some Funky Monkey moves, hip hop or urban dance.

Crazy & Creative (RLC)

Unleash the artist in your little ones as we get creative in this fun art activity.

Jumping Beans & Gym Tots (CH)

A brilliant session that improves co-ordination whilst enjoying non-stop action on the climbing and soft play equipment.

Don't forget

Our OFSTED registered creche facilities are open as follows:

Clements Hall Leisure Centre:

Monday to Friday 9am-6.30pm
& Saturday 9am-12pm

Rayleigh Leisure Centre:

Monday 9.30am-1pm
& 1.30-3.30pm
Tuesday-Friday 9.30am-1pm
& Saturday 9am-12pm

The above is just a selection of the activities on offer.
Turn to pages 8-19 for the full programme.

Rochford Extended Schools

First Aid Ages 8+

An informative and practical course on First Aid. Learn about resuscitation, recovery position, choking and more. Certificates will be given to all those who pass the course

Nail Art Ages 10+

Have fun learning nail art from a world class nail technician to the stars! Create different styles and learn different techniques from the best in the business.

Kids Kafe Ages 8-11

Come and have fun with friends for a few hours – activities include: sport, arts & crafts, games, Wii & Wii Fit, table tennis, pool and more. Bring a packed lunch! This activity is to be booked through Great Wakering Primary School on: 01702 219 435 and will cost 50p for those who belong to WYPCP or £3 for all other children per session.

Activities with RES code must be booked before 16 July.

Mad Scientist! Ages 5+ Electricity & Slime Workshops

Ever wondered why things stretch, join us to find out why and make a pot of Slime to take home with you. Get hands on with your Mad Scientist as you feel and see the electricity going through you as you take our Plasma Challenge. You can expect a hair raising experience....

Mad Scientist! Ages 5+ Light & Sound.

Have fun with Mad Science discovering the wonders of Light & Sound. You'll see our indoor firework display, wear our funky glasses and see the colours that light are made up off, whilst putting your ears to the test with our sound vibrations and playing with our Clanger Bangers.

Extended Schools Voucher

Scheme: If you are having difficulty in paying for **ANY of the activities listed in this brochure**, please contact your child's school for details of our free voucher scheme.

Vouchers can be used for a Family activity (covering more than one child) or for one child to participate in a children only activity (one voucher for each child).

The above is just a selection of the activities on offer.
Turn to pages 8-19 for the full programme.

Rochford Extended Schools

Family Backstage Theatre – Palace Theatre, Southend Ages 5+

Come backstage and see what goes on! Is there a ghost in the royal box? Have a backstage tour and a stage make-up demonstration and find out about sound and lighting – how they get all the special effects on stage.

Family Wacky Woods Ages 5+

Various activities held in Hockley Woods to include: Wild and Arty (from mapsticks to mud modelling); Sizzling Senses (follow a sent trail, make your own smelly cocktail using leaves and petals); Tracks and Signs (see who has made the tracks in the mud, look out for signs of birds and insects); Bats, owls and badgers; Damsels and dragons (damsel flies and dragonflies) and Terrific trees (use leaf shapes to identify the different types of trees).

Family Modroc Ages 5+

An opportunity for you to design a model of your choice and then construct it using the materials provided; examples and assistance are available and all materials are provided. Please be aware that this is a messy activity!

**ALL activities
must be prebooked**
unless otherwise stated.

Family Puppet Workshop Ages 5+

Come and make your own puppet – various materials provided. There are a variety of puppet styles to choose from: sock puppets, Punch and Judy style puppets, paper puppets, finger puppets – learn to make them all under the expert supervision of our a renowned artist.

Theatre School Ages 8+

Work alongside our professional actor and dancer who have both performed on stage across the country! Pick up all the skills you need to enhance your own performance.

Big Adventure Wrist Bands for Adventure Island

For all those over 12m – receive Big Adventure Wrist Bands for £10 each or FREE with your Extended Services voucher (one per voucher).

PLEASE NOTE:

Adventure Island **will not** accept Extended Services Vouchers.

The above is just a selection of the activities on offer.
Turn to pages 8-19 for the full programme.

Rochford Extended Schools

**ALL activities
must be prebooked**
unless otherwise stated.

Family Fabric Painting Ages 5+

Create your own bag, pencil case (materials provided) or bring in your own t-shirt or jeans to customize.

Family Salsa Dancing Ages 5+

Learn to dance like Strictly Come Dancing with a professional Latin and Salsa dancer. Fun for all to enjoy – learn to wiggle those hips!

Family Treasure boxes & Photo frames Ages 5+

Decorate treasure boxes and photo frames using paint, glitter, sequins and a variety of other materials to personalise them.

T-shirt Decorating Ages 8+

Decorate the t-shirt provided (or bring your own jeans etc) with paint, pens, glitter and a variety of other materials.

Circus Skills Workshop Ages 8+

Learn to catch a juggling scarf, balance a peacock feather, spin a plate or even juggle with three balls! During the workshops students are constantly reminded that dropping, falling & generally getting into a muddle ... amidst much laughter, is all part of the learning process and the journey to acquiring the most impressive skills.

Family Pottery Ages 5+

A firm favourite – back by popular demand! Have messy fun making models out of air drying clay.

Recycled Art Ages 8+

Make models out of recycled materials - you can bring along your own materials or use the ones provided – under the expert supervision of a renowned artist.

**ALL activities
must be prebooked**
unless otherwise stated.

The above is just a selection of the activities on offer.
Turn to pages 8-19 for the full programme.

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 26 July	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Multi Activities	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Circus Skills	Waterman Primary School SS4 1QF	10am-12pm	8+	£3	RES
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Cheerleading	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Climbing	Clements Hall LC	1.30-2.30pm	5-8	£7.50 / £7	CH
Tuesday 27 July	Climbing	Clements Hall LC	2.30-4pm	8-16	£10.60 / £10.05	CH
	Recycled Art	Waterman Primary School SS4 1QF	10am-12pm	8+	£3	RES
	Funky Monkey Movers	Clements Hall LC	10-11am	3-6	£3.70	CH
	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Tennis	Rayleigh LC	12-2pm	9-14	£10	RLC
	Alley Antics	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
Wednesday 28 July	Trampoline	Clements Hall LC	3-4.30pm	8-16	£5 / £4.35	CH
	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Wacky Races	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Outer Space Mobile Workshop	Rayleigh Library	10am-12pm	7+	£3	RAL
	Football Camp	Waterman Primary School SS4 1QF	10am-12pm	8+	£3	RES
	Archery	Waterman Primary School SS4 1QF	1-3pm	8-16	£3 / £2	RDC
	Cold Cooking	Clements Hall LC	2-3.30pm	6-10	£5	CH
Crazy & Creative with Paint	Rayleigh LC	2-3pm	2-8	£3.70	RLC	

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thursday 29 July	Jumping Beans	Clements Hall LC	9.30-10.30am	18mths-3	£3.70	CH
	Mad Scientist – Electricity & Slime Workshop	Sweyne Park School SS6 9BZ	10am-12pm	5–11	£3	RES
	Modroc	Waterman Primary School SS4 1QF	10am-12pm	8+	£3	RES
	Gym Tots	Clements Hall LC	11am-12pm	4-6	£3.70	CH
	Football with Southend United	Great Wakering Recreation Ground SS3 0GX	1-3pm	7-10	£3 / £2	RDC
	Trampolining	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	5-6pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	6-7pm	8-16	£4.25	RLC
Friday 30 July	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Multi Sports	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Nail Art	Beauty Salon, The King Edmund School SS4 1TL	10am-12pm	11+	£5	RES
	First Aid	Waterman Primary School SS4 1QF	10am-12pm	8+	£5	RES
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Funky Monkey Circuit	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Football	Rayleigh LC	1.30-2.30pm	4-8	£3.70	RLC
	Street Dance	Clements Hall LC	1.30-2.30pm	8-16	£5/£4.50	CH
	Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05 / £2.40	CH
Sat 31	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05 / £2.40	CH
Mon 2 Aug	Multi Activities	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	First Aid	Great Wakering Primary School SS3 0EJ	2.30-4.30pm	8+	£5	RES
	Kids Kafe	Great Wakering Primary School SS3 0EJ	11am-2pm	8-11	£3	RES

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✱

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 2 August	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Scuba Diving with Dive Odysseya	Greensward Academy SS5 5HG	1-2.45pm	8-11	£10 / £8	RDC
	Scuba Diving with Dive Odysseya	Greensward Academy SS5 5HG	3.15 – 5pm	12-15	£10 / £8	RDC
	Climbing	Clements Hall LC	1.30-2.30pm	5-8	£7.50 / £7	CH
	Climbing	Clements Hall LC	2.30-4pm	8-16	£10.60 / £10.05	CH
	Street Dancing	Rayleigh LC	4-5pm	3-8	£3.70	RLC
Tuesday 3 August	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Family Puppet Workshop	Grove Wood Primary School SS5 8UA	10am-12pm	5+	£3	RES
	Netball Camp	Great Wakering Primary School SS3 0EJ	10am-12pm	8+	£3	RES
	Teddy Bear Picnic (food not included)	Clements Hall LC	11.30am-1pm	3-5	£3.70	CH
	Tennis	Rayleigh LC	12-2.00pm	9-14	£10	RLC
	Sports Play	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
	Junior Punch	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH
	Trampolineing	Clements Hall LC	3-4.30pm	8-16	£5 / £4.35	CH
Wednesday 4 August	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Pamper Time	Clements Hall LC	9.30am-12.30pm	5-10	£6 / £5.50	CH
	Outer Space Mobile Workshop	Rochford Library	10am-12pm	7+	£3	ROL
	Mad Scientist – Light and Sound Workshop	Waterman Primary School SS4 1QF	10am-12pm	5-11	£3	RES
	Kids Kafe	Great Wakering Primary School SS3 0EJ	11am-2pm	8-11	£3	RES
	Messy Play	Clements Hall LC	1.30-2.30pm	3-5	£3.70	CH
	Crazy & Creative with Food	Rayleigh LC	2-3pm	2-8	£3.70	RLC
Wacky Woods Mini Beasts	Hockley Woods – meet in the car park	2-4pm	All	£3	RES	

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thursday 5 August	Bouncy Castle Fun	Clements Hall LC	10-11.30am	18mths-5	£3.70	CH
	Outer Space Mobile Workshop	Hullbridge Library	10am-12pm	7+	£3	HUL
	Family Pottery	Canewdon Primary School SS4 3PA	10am-12pm	5+	£3	RES
	Football with Southend United	Canewdon Recreation Ground SS4 3PS	1-3pm	7-10	£3 / £2	RDC
	Football Camp	Great Wakering Primary School SS3 0EJ	1-3pm	8+	£3	RES
	Theatre School	Canewdon Primary School SS4 3PA	1-3pm	8+	£3	RES
	Junior Spin	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH
	Manga Drawing Art Workshop	Rochford Library	2pm-4pm	12+	£3	ROL
	Trampolining	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	5-6pm	3-8	£3.70	RLC
Trampolining	Rayleigh LC	6-7pm	8-16	£4.25	RLC	
Friday 6 August	Multi Activities	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Kids Kafe	Great Wakering Primary School SS3 0EJ	11am-2pm	8-11	£3	RES
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	'Rhythms of the Forest' Drumming workshop	Hockley Woods (In clearing next to Car Park)	Drop in between 1-4pm	All ages	Free	NBR
	Funky Monkey Music	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Kwik Cricket	Rayleigh LC	1.30-2.30pm	4-8	£3.70	RLC
	Street Dance	Clements Hall LC	1.30-2.30pm	8-16	£5 / £4.50	CH
	Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05 / £2.40	CH
Sat 7	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05 / £2.40	CH
Mon 9	Glee Musical Theatre (food not provided)	Clements Hall LC	9.30am-3.30pm	5-8	£15	CH
	Circus Skills	Sweyne Park School SS6 9BZ	10am-12pm	8+	£3	RES

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✨

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 9 August	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Drama	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Climbing	Clements Hall LC	1.30-2.30pm	5-8	£7.50 / £7	CH
	Climbing	Clements Hall LC	2.30-4pm	8-16	£10.60 / £10.05	CH
	Family Wacky Woods	Hockley Woods, meet in the car park	2-4pm	All ages	£3	RES
Tuesday 10 August	Nature Trail	Clements Hall LC	10-11.30am	3-7	£3.70	CH
	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Tennis	Rayleigh LC	12-2pm	9-14	£10	RLC
	Drama	Sweyne Park School SS6 9BZ	10am-12pm	8+	£3	RES
	Junior Punch	Clements Hall LC	1.30-2.15pm	8-16	£3.50/£3	CH
	Pamper Time	Rayleigh LC	1.30-2.30pm	3-8	£4	RLC
	Trampoline	Clements Hall LC	3-4.30pm	8-16	£5 / £4.35	CH
Wednesday 11 August	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Glee Musical Theatre (food not provided)	Clements Hall LC	9.30am-3.30pm	9-14	£15	CH
	Family Fabric Painting	St Teresa's Primary School SS4 1RF	10am-12pm	5+	£3	RES
	Football Camp	Grove Wood Primary School SS5 8UA	1-3pm	8+	£3	RES
	First Aid	Sweyne Park School SS6 9BZ	10am-12pm	8+	£5	RES
	Archery	Waterman Primary School SS4 1QF	1-3pm	8-16	£3 / £2	RDC
	Dodgeball	Rayleigh LC	2-3pm	8-16	£3.70	RLC
Crazy & Creative with Art & Craft	Rayleigh LC	2-3.30pm	2-8	£3.70	RLC	

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thursday 12 August	Jumping Beans	Clements Hall LC	9.30-10.30am	18mths-3	£3.70	CH
	T-shirt Decorating	Sweyne Park School SS6 9BZ	10am-12pm	8+	£3	RES
	Gym Tots	Clements Hall LC	11am-12pm	4-6	£3.70	CH
	Theatre School	Canewdon Primary School SS4 3PA	1-3pm	8+	£3	RES
	Alley Antics	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
Friday 13 August	Family Salsa	Canewdon Primary School SS4 3PA	10am-12pm	5+	£3	RES
	Netball Camp	Sweyne Park School SS6 9BZ	10am-12pm	8+	£3	RES
	Family Rubber Stamp Making	Rayleigh Library	1-4pm	7+	£3	RAL
	Funky Monkey Circuits	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Dodgeball	Rayleigh LC	1.30-2.30pm	4-8	£3.70	RLC
	Street Dance Workshop	Clements Hall LC	9.30am-12pm	5-8	£7.50 / £7	CH
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Street Dance Workshop	Clements Hall LC	1-3.30pm	9-13	£7.50 / £7	CH
Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05 / £2.40	CH	
Sat 14	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05 / £2.40	CH
Monday 16 August	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Multi Activities	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Family Treasure Boxes/Photo Frames	Waterman Primary School, SS4 1QF	10am-12pm	5+	£3	RES
	Street Dance	Westerings Primary School SS5 4NZ	10am-12pm	8+	£3	RES
	Kids Kafe	Great Wakering Primary School SS3 0EJ	11am-2pm	8-11	£3	RES
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✨

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 16	Climbing	Clements Hall LC	1.30-2.30pm	5-8	£7.50 / £7	CH
	Climbing	Clements Hall LC	2.30-4pm	8-16	£10.60 / £10.05	CH
	Cheerleading	Rayleigh LC	4-5pm	3-8	£3.70	RLC
Tuesday 17 August	Funky Monkey Movers	Clements Hall LC	10-11am	3-6	£3.70	CH
	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Tennis	Rayleigh LC	12-2pm	9-14	£10	RLC
	Netball Camp	Great Wakering Primary School SS3 0EJ	10am-12pm	8+	£3	RES
	Recycled Art	Canewdon Primary School SS4 3PA	10am-12pm	8+	£3	RES
	Alley Antics	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
	Junior Punch	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH
Trampolineing	Clements Hall LC	3-4.30pm	8-16	£5 / £4.35	CH	
Wednesday 18 August	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Basketball	Rayleigh LC	9am-12pm	8-16	£15	RLC
	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Pamper Time	Clements Hall LC	9.30am-12.30pm	5-10	£6 / £5.50	CH
	Kids Kafe	Great Wakering Primary School SS3 0EJ	11am-2pm	8-11	£3	RES
	Football Camp	Westerings Primary School SS5 4NZ	1-3pm	8+	£3	RES
	Scuba Diving with Dive Odyssey	Greensward Academy SS5 5HG	1-2.45pm	8-11	£10 / £8	RDC
	Scuba Diving with Dive Odyssey	Greensward Academy SS5 5HG	3.15 – 5pm	12-15	£10 / £8	RDC
	Messy Play	Clements Hall LC	1.30-2.30pm	3-5	£3.70	CH
	Crazy & Creative with Paint	Rayleigh LC	2-3pm	2-8	£3.70	RLC
Family Wacky Woods	Hockley Woods, meet in the car park	2-4pm	5+	£3	RES	

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thursday 19 August	Badminton	Clements Hall LC	10-11am	8-16	£4 / £3.50	CH
	Bouncy Castle Fun	Clements Hall LC	10-11.30am	18mths-5	£3.70	CH
	Modroc	Riverside Junior School SS5 6ND	10am-12pm	8+	£3	RES
	Football with Southend United	Canewdon Recreation Ground SS4 3PS	1-3pm	7-10	£3 / £2	RDC
	Theatre School	Canewdon Primary School SS4 3PA	1-3pm	8+	£3	RES
	Football Camp	Great Waking Primary School SS3 0EJ	1-3pm	8+	£3	RES
	Sports Play	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
	Junior Spin	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH
Friday 20 August	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
	Multi Activities	Clements Hall LC	9.30am-12.30pm	5-12	£6 / £5.50	CH
	Family Salsa	Barling Magna Primary School SS3 0LN	10am-12pm	5+	£3	RES
	Netball Camp	Canewdon Primary School SS4 3PA	10am-12pm	8+	£3	RES
	Kids Kafe	Great Waking Primary School SS3 0EJ	11am-2pm	8-11	£3	RES
	Bouncy Castle Fun	Great Waking SC	1-2pm	4-8yrs	£3	GW
	Funky Monkey Circuit	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Football	Rayleigh LC	1.30-2.30pm	4-8	£3.70	RLC
Sat 21	Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05 / £2.40	CH
	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05 / £2.40	CH
Monday 23	Performing Arts Day	Clements Hall LC	9.30am-3.30pm	5-8	£15	CH
	Family Wacky Woods	Hockley Woods, meet in the car park	10am-12pm	All ages	£3	RES
	Bouncy Castle Fun	Great Waking SC	1-2pm	4-8yrs	£3	GW
	Family Backstage Theatre Trip	Palace Theatre, Southend	1-3pm	5+	£3	RES

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✱

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 23	Climbing	Clements Hall LC	1.30-2.30pm	5-8	£7.5 / £7	CH
	Climbing	Clements Hall LC	2.30-4pm	8-16	£10.60 / £10.05	CH
	Street Dancing	Rayleigh LC	4-5pm	3-8	£3.70	RLC
Tuesday 24 August	Drama	Clements Hall LC	9.30am-12.30pm	5-8	£7.50 / £7	CH
	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Tennis	Rayleigh LC	12-2pm	9-14	£10	RLC
	Family Jewellery Making	Grove Wood Primary School SS5 8UA	10am-12pm	5+	£3	RES
	Sports Play	Rayleigh LC	1.30-2.30pm	3-8	£3.70	RLC
	Junior Punch	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH
Wednesday 25 August	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Performing Arts Day	Clements Hall LC	9.30am-3.30pm	9-14	£15	CH
	Teddy Bear Picnic (food not included)	Clements Hall LC	11.30am-1pm	3-5	£3.70	CH
	Archery	Great Wakering Recreation Ground SS3 0GX	1-3pm	8-16	£3 / £2	RDC
	Crazy & Creative with Food	Rayleigh LC	2-3pm	2-8	£3.70	RLC
	Dodgeball	Rayleigh LC	2-3pm	8-16	£3.70	RLC
	Cold Cooking	Clements Hall LC	2-3.30pm	6-10	£5	CH
Thursday 26 August	Jumping Beans	Clements Hall LC	9.30-10.30am	18mths-3	£3.70	CH
	Badminton	Clements Hall LC	10-11am	8-16	£4 / £3.50	CH
	Family Wire Sculpture	Sweyne Park School SS6 9BZ	10am-12pm	5+	£3	RES
	First Aid	Canewdon Primary School SS4 3PA	10am-12pm	8+	£5	RES
	Gym Tots	Clements Hall LC	11am-12pm	4-6	£3.70	CH
	Junior Spin	Clements Hall LC	1.30-2.15pm	8-16	£3.50 / £3	CH

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Holiday Activities – 26 August to 1 September 2010 Places must be booked

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thurs 26	Trampolining	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	5-6pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	6-7pm	8-16	£4.25	RLC
Friday 27 August	Drama	Clements Hall LC	9.30am-12.30pm	9-14	£7.50 / £7	CH
	Nail Art	Beauty Salon, The King Edmund School SS4 1TL	10am-12pm	11+	£5	RES
	Outer Space Mobile Workshop	Great Wakering Library	10am-12pm	7+	£3	GWL
	Bouncy Castle Fun	Great Wakering SC	1-2pm	4-8yrs	£3	GW
	Street Dance	Clements Hall LC	1.30-2.30pm	8-16	£5 / £4.50	CH
	Nature Trail	Clements Hall LC	1.30-3pm	3-7	£3.70	CH
	Funky Monkey Music	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Kwik Cricket	Rayleigh LC	1.30-2.30pm	4-8	£3.70	RLC
	Outer Space Mobile Workshop	Hockley Library	2pm-4pm	7+	£3	HOL
	Hawaiian Party (Dinner included)	Rayleigh LC	4-5.30pm	Up to 8	£8.50	RLC
	Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05 / £2.40	CH
Sat 28	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05 / £2.40	CH
Mon 30	Drama	Rayleigh LC	4-5pm	3-8	£3.70	RLC
Tues 31	Tennis	Rayleigh LC	10-11am	4-8	£5	RLC
	Tennis	Rayleigh LC	12-2pm	9-14	£10	RLC
	Pamper Time	Rayleigh LC	1.30-2.30pm	3-8	£4	RLC
Wed 1 Sept	Aqua Pigs	Clements Hall LC	9-10am	8-16	£13.55 / £12.35	CH
	Basketball	Rayleigh LC	9am-12pm	8-16	£15	RLC
	Crazy & Creative with Art & Craft	Rayleigh LC	2-3.30pm	2-8	£3.70	RLC

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✱

Holiday Activities – 2 to 4 September 2010

Places must be booked

Day	Activity	Venue	Time	Age	Cost	Booking Code
Thur 2 Sept	Trampolining	Rayleigh LC	4-5pm	3-8	£3.70	RLC
	Trampolining	Rayleigh LC	6-7pm	8-16	£4.25	RLC
Fri 3 Sept	Funky Monkey Music	Rayleigh LC	1.30-2.30pm	1-3	£3.70	RLC
	Family Fun Swim	Clements Hall LC	7-8pm	All ages	£3.05/£2.40	CH
Sat 4	Family Fun Swim	Clements Hall LC	2-3pm	All ages	£3.05/£2.40	CH

Multi Day Activities – 26 July to 6 August 2010

Places must be booked

Day	Activity	Venue	Time	Age	Cost	Booking Code
Mon to Wed 26, 27, 28	Basketball with Essex Pirates	Rayleigh LC	10am-3pm	9-12	£32.50	EP
Monday 26 to Friday 30 July	Family Fun Swim	Clements Hall LC	10.30am-12pm	All ages	£3.05/£2	CH
	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£25.50 / £21.50	CH
	Rookie Lifeguard – Bronze (must be able to swim 100m)	Clements Hall LC	12.15-1.15pm	8-16	£31.50 / £27.50	CH
Tues 27 & Wed 28	Cricket Camp	Sweyne Park School SS6 9BZ	10am-3pm	8-12	£15 / £12.50	RDC
Monday 2 to Friday 6 August	Family Fun Swim	Clements Hall LC	10.30am-12.00pm	All ages	£3.05 / £2	CH
	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£25.50 / £21.50	CH

All activities are subject to change.

✿ To book, make a note of the activity booking code and

Multi Day Activities – 9 August to 3 September 2010 Places must be booked

Day	Activity	Venue	Time	Age	Cost	Booking Code
Monday 9 to Friday 13 August	Family Fun Swim	Clements Hall LC	10.30am-12.00pm	All ages	£3.05 / £2	CH
	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£25.50 / £21.50	CH
Monday 16 to Friday 20 August	Family Fun Swim	Clements Hall LC	10.30am-12.00pm	All ages	£3.05 / £2	CH
	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£25.50 / £21.50	CH
Mon to Wed 23, 24, 25	Basketball with Essex Pirates	The King Edmund School SS4 1TL	10am-3pm	13-18	£32.50	EP
Monday 23 to Friday 27 August	Family Fun Swim	Clements Hall LC	10.30am-12.00pm	All ages	£3.05 / £2	CH
	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£25.50 / £21.50	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£25.50 / £21.50	CH
	Synchronised Swimming (must be able to swim 100m)	Clements Hall LC	9-10am	8+	£29 / £25	CH
Mon 30 Aug to Fri 3 Sept	Family Fun Swim	Clements Hall LC	10.30am-12pm	All ages	£3.05 / £2	CH
Tuesday 31 August to Friday 3 September	Swimming Lessons (under 5s with aids)	Clements Hall LC	8-8.30am	3½-5	£20.40 / £17.20	CH
	Swimming Lessons (under 5s without aids)	Clements Hall LC	8.30-9am	3½-5	£20.40 / £17.20	CH
	Swimming Lessons (over 5s with aids)	Clements Hall LC	9-9.30am	5+	£20.40 / £17.20	CH
	Synchronised Swimming (must be able to swim 100m)	Clements Hall LC	9-10am	8+	£23.20 / £20	CH

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✱

Swimming Timetable for 2010

Change for 2010: Swim Vouchers must be purchased in advance of sessions by calling 01702 318191. Lifeguards cannot accept payment under any circumstances.

26 – 30 July

AM Riverside Junior School, Ferry Road, Hullbridge SS5 6ND

PM Great Wakering Primary School, High Street, Great Wakering SS3 0EJ

2 – 6 August

AM Rayleigh Primary School, Spring Gardens, Rayleigh SS6 7DQ
Swimming Pool is located in Spring Gardens not school site in Love Lane.

PM Great Wakering Primary School, High Street, Great Wakering SS3 0EJ

9 – 13 August

AM The Sweyne Park School, Sir Walter Raleigh Drive, Rayleigh SS6 9BZ

PM The Sweyne Park School, Sir Walter Raleigh Drive, Rayleigh SS6 9BZ

16 – 20 August

AM Riverside Junior School, Ferry Road, Hullbridge SS5 6ND

PM Waterman Primary School, The Boulevard, Rochford SS4 1QF

23 – 27 August

AM Riverside Junior School, Ferry Road, Hullbridge SS5 6ND

PM Waterman Primary School, The Boulevard, Rochford SS4 1QF

Session Times	AM	9-9.45	10-10.45	11-11.45
	PM	1.30-2.15	2.30-3.15	3.30-4.15

Prices:

Swim vouchers must be purchased in advance by calling Rochford District Council on 01702 318191.

5 swims	£3.50
10 swims	£6
15 swims	£7.50
20 swims	£8.50
25 swims	£10

- Swimming pools are open for those aged up to 11.
- Older children will only be allowed access to The Sweyne Park School.
- Adults will only be allowed access to The Sweyne Park School when accompanied by children.
- Vouchers are transferable and any one voucher can be used for more than one member of the family or for friends but they have no monetary value.
- Any unused vouchers can be redeemed for credit notes at the end of the summer programme subject to terms and conditions being met.
- Full terms and conditions are available on request and will be sent out with any purchased vouchers.



Change for 2010: Swim Vouchers must be purchased in advance of sessions by calling 01702 318191. Lifeguards cannot accept payment under any circumstances.

Rochford Play Rangers

After a very successful summer last year the Rochford Play Rangers are back!

This project is part of the Council's portfolio of play projects funded by the Big Lottery.

The Play Rangers will be touring the parks and open spaces across the District from Monday 26 July to Friday 27 August from 10am-4pm Monday to Friday. (Please note times for Wednesdays and Fridays below).

THE SCHEME IS FREE OF CHARGE AND THERE IS NO NEED TO BOOK, JUST TURN UP AND JOIN IN.

The Rangers will have lots of arts, sports and play equipment and will supervise a variety of games and other activities.

Suitable for all ages but under 8s must be accompanied by an adult (18 years plus).

The Rangers will visit the sites below on the same day each week over the summer holiday. The exact location within each venue may change. Look out for the Rochford Play Rangers flags and the Rangers in their green T-shirts.



Monday 26 July – Friday 27 August	
Day	Location
Mondays	Great Wakering Recreation Ground
Tuesdays	Hockley Woods
Wednesdays	AM Canewdon Recreation Ground 10am-12midday PM Riverside Junior School, Hullbridge 1-4pm
Thursdays	Hockley Woods
Fridays	AM Rochford Recreation Ground 10am-12midday PM Warwick Drive Playspace, Rochford 1-4pm

For further information please call 01702 318191.

Rochford District Council is grateful to The Bull Public House who have supported the Rochford Rangers for the past two years.

Club-V Performing Arts

Lights, camera, action!



Glee Musical Theatre	9 August (5-8yrs) & 11 August (9-14yrs)
Drama	9 August (3-8yrs), 24 August (5-8yrs), 27 August (9-14yrs) & 30 August (3-8yrs)
Performing Arts Day	23 August (5-8yrs) & 25 August (9-14 yrs)

Virgin Active Clements Hall & Rayleigh Leisure Centres are pleased to announce an exciting NEW Club-V holiday activity. Pick one of our Performing Arts sessions and see if your kids have got the X Factor!

Don't forget our Club-V facilities are OFSTED registered so you can relax in the knowledge that your kids are safe in our excellent fully supervised care.

Please check the timetable for full details and call the relevant Centre as places are limited and booking is essential.

Rayleigh Family Fun Day
MONDAY 30TH AUGUST 2010

A Great August Bank Holiday Day Out

FREE ENTRY

For more information visit our website: www.rayleighfunday.co.uk

Rayleigh Funday

King George V
Playing Field,
Rayleigh

30 August,
10am - 4pm

Bouncy castles, skate ramps, face painting, live bands and children's entertainment. Drinks, cakes, BBQ food and ice cream are all available.

For more visit: www.rayleighfunday.co.uk

Entry Free, bring along a picnic and you have the perfect way to spend August Bank holiday!

Rochford District Fun Day Friday 23 July 2010 10am-3pm – Free

Riverside School, Ferry Road,
Hullbridge, SS5 6ND

Come along to to enjoy a fun day of free arts and sporting activities inspired by London 2012.

Rochford District Fun Day is part of the nationwide London 2012 Open Weekend initiative.

For more information contact Rochford District Council on 01702 318191.
www.rochford.gov.uk/2012 www.london2012.com/openweekend

Activities will include an

- Olympic themed Treasure Hunt
- Designing a 2012 mascot for Rochford!

Also on offer is swimming, judo, archery, circus skills and Play Rangers.

Rochford District Sports Awards 2010

The nomination process is now open for this year's event in the following categories:

- **Sports Personality of the Year**, sponsored by Squires Café Bars
- **Disability Sports Personality of the Year**, sponsored by Waters & Stanton PLC
- **Young Sports Personality of the Year**, sponsored by Southend United FC and Southend United Community & Educational Trust
- **Services to Sport**, sponsored by Horizon Estate Agents
- **Sports Club of the Year**, sponsored by Connaught Environmental PLC
- **Rochford 2012 Respect Award**, sponsored by Wells Legal Solicitors and Wells Legal Homes

Nomination forms are available by contacting Mark Aldous
T: **01702 318121** or E: mark.aldous@rochford.gov.uk or by visiting the Rochford District Council website www.rochford.gov.uk

Closing date for nominations is **24 September 2010**. All winners receive a glass engraved trophy, shield, certificate and cheque for £100.



Sponsored by Virgin Active

Discover

Create

Celebrate

Rayleigh Arts Festival

18 – 24 September 2010
www.rochford.gov.uk/artsfestival
Full programme available from August

Important information

- Unless otherwise stated activities must be booked in advance.
- Once places have been booked any payments will be non-refundable.
- Rochford Leisure Card holders are entitled to discounted prices on Rochford District Council and Virgin Active activities. Refer to activity table for prices. Leisure Cards can be purchased at Rayleigh or Clements Hall Leisure Centres.
- Participation in any activity constitutes your agreement to your child being included in any photographs taken for publicity purposes. If you do not wish your child to be included in any photography please inform us when booking.
- Contact the Family Information Service on 0800 0556874 for information about child care during school holidays and if you are entitled to help paying for the services.

Disclaimer

Booking any of the activities constitutes your agreement that the authority providing the facilities, their agents, servants and employees are not under any liability or obligation whatsoever in respect of personal liability, injury or obligation whatsoever in respect of personal liability, injury loss or damage however caused whilst your child attends the activity.

If you would like this information in large print, Braille or another language, please contact 01702 318121.

