

Rochford District Holiday Activities

15-19 February 2010

Youth Activities

Family entertainment

Activities for ages
18mths – 16

and much more ...

Welcome

Welcome to the latest programme of holiday activities for children, families and teens. The programme is arranged by Rochford District Council in partnership with Virgin Active and Rochford Extended Schools and includes a huge selection of arts, sports and leisure activities for all ages and in venues across the Rochford District.

The activities brochure has been redesigned to make it easier to find and book suitable activities. A table can be found on the centre pages of the brochure and includes booking codes for all activities. Refer to the adjacent list of codes to find the phone number to call to book your activity. Throughout the brochure we've picked out a selection of activities to highlight and explain in more detail. Important information and terms and conditions are printed on the back page.

We value and take action following feedback we receive and welcome your comments and suggestions about the new-look brochure.

You are now able to view the holiday activities programme and book up to two weeks before the leaflets are delivered to schools by visiting www.rochford.gov.uk/holidayactivities

Booking codes and telephone numbers

RDC: Rochford District Council
01702 318076.

RES: Rochford Extended Schools
01702 545771 x3234. **Activities with this code must be booked before 12 February.**

CH: Clements Hall Leisure Centre
SS5 4LN. 01702 207777

R: Rayleigh Leisure Centre
SS6 9NF. 01268 654510

GW: Great Wakering Sports Centre
SS3 0HX. 01702 219832

L: Lords Golf & Country Club
SS6 9QS. 01702 232377

GWL: Great Wakering Library
SS3 0EQ. 01702 219438

HOL: Hockley Library SS5 4BX
01702 203588

RAL: Rayleigh Library SS6 7BX
01268 775830

ROL: Rochford Library SS4 1PX
01702 546688

HUL: Hullbridge Library SS5 6ET
01702 230868

NBR: No booking required.

Please check the table on pages 4 and 5 to ensure that the activity you want to book is aimed at the relevant age group.

Rochford District Council

The Leisure Team at Rochford District Council offer a range of arts and sports activities to try out each holiday. Turn to the centre pages for dates, venues and prices and details on more activities including Creative Window Decorations, 3D Graphic Design and Golf.

Free Ice Skating!

As part of the Council's portfolio of play projects funded by the Big Lottery a synthetic ice rink will be touring the District!

16/17/18 February 2010
Riverside Junior School,
Hullbridge, SS5 6ND

16/17/18 February 2010
Rayleigh Primary School,
Rayleigh, SS6 7DD

- The skating is free of charge and will operate on the above dates from 10am to 4pm at all venues.
- The number of skaters allowed on the rink will be limited at any one time and sessions will operate in 30 minute blocks so it may be necessary to queue. All sessions will be supervised.
- Under 8s must be accompanied by an adult
- Ice skates will be provided.

Fashion Makeover (RDC)

Revamp your wardrobe with this workshop for budding designers aged 14+. Bring old clothes, bags and accessories for a fashion makeover using sewing machines and latest style techniques.

Arranged by Rochford District Council and Rochford Extended Schools.

How to draw Manga-style (RDC)

Turn a simple line in to a Manga-style drawing in this new art workshop for 14+. Manga is a Japanese art made popular by graphic novels, Spirited Away, Pokemon and the Gorillaz. Bring a photo of yourself (or an image from a magazine or on the net) to be transformed in to a dynamic Manga character.

Archery (RDC)

Your chance to try this ever popular sport under the expert supervision and tuition of Clements Bowmen Archery Club. This activity always books up quickly so call now to avoid disappointment.

The Rayleigh Windmill will be open on Wednesday 17 February between 10am and 1pm. This is a special opening for the February Holidays as the windmill is usually closed during the winter months.

The above is just a selection of the activities on offer. Turn to centre pages for the full programme.

Holiday Activities – 15 to 19 February 2010

Day	Activity	Venue	Time	Age	Cost	Code
Mon	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
Mon	Blast Multi Sports	Clements Hall LC	9.30am-12pm	5-12	£5.50/£6	CH
Mon	Creative window decorations	Great Wakering Library	10am-12pm	7-11	£4	GWL
Mon	Family Cooking	King Edmund School SS4 1TL	10am-12pm & 1-3pm	5+	£3	RES
Mon	Bouncy Castle Fun	Great Wakering Sports	1-2pm	4-8	£3	GW
Mon	Climbing	Clements Hall LC	1-2.30pm	8-16	£10.05/£10.60	CH
Mon	Football	Rayleigh LC	1.30-2.30pm	3-8	£3.70	R
Mon	3D Graphic Design	Rayleigh Library	2-4pm	14+	£4	RAL
Mon	Football	Rayleigh LC	2.30-3.30pm	7-16	£3.70	R
Mon	Climbing	Clements Hall LC	2.30-4.00pm	8-16	£10.05/£10.60	CH
Mon	How to draw Manga-style	Great Wakering Teen Café SS3 0EJ	3.30pm-6pm	14+	£3	RDC
Tues	Funky Monkey Movers	Clements Hall LC	10.30-11.30am	3-8	£3.70	CH
Tues	Tramp o' Bounce	Clements Hall LC	1.30-2.30pm	18mths-5	£4.15	CH
Tues	Little Shakers	Rayleigh LC	1.30-2.30pm	3-7	£3.70	R
Tues	Fashion Makeover	Canewdon Village Hall SS4 3PG	2pm-5pm	14+	£3	RDC
Tues	Creative window decorations	Rayleigh Library	2.30-4.30pm	7-11	£4	RAL
Tues	Junior Body Attack	Clements Hall LC	2.30-3.15pm	8-16	£4	CH
Tues	Tramp o' Bounce	Clements Hall LC	2.30-3.30pm	5-8	£4.15	CH
Tues	Funk & Shake	Rayleigh LC	2.45-3.45pm	8-11	£3.70	R
Tues	Trampolineing	Clements Hall LC	3.30-5pm	8-16	£4.35/5.40	CH
Tues	Rock That Beat	Rayleigh LC	4-5pm	12-16	£3.70	R
Weds	Bouncy Castle Fun	Clements Hall LC	9.30-10.30am	18mths-5	£3.70	CH
Weds	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
Weds	Creative window decorations	Rochford Library	10am – 12pm	7-11	£4	ROL
Weds	Archery	King Edmund School SS4 1TL	10am-12pm	8-16	£3 / £2	RDC
Weds	Bouncy Castle Fun	Clements Hall LC	10.30-11.30am	5-10	£3.70	CH
Weds	Puppet Show	Sweyne Park School SS6 9BZ	1-3pm	All ages	£3 (U3 free)	RES
Weds	Junior RPM	Clements Hall LC	2-2.30pm	8-16	£3/£3.15	CH
Weds	Crazy & Creative	Rayleigh LC	2-3.30pm	2-8	£3.70	R
Weds	Fashion Makeover	Great Wakering Teen Café SS3 0EJ	3-6pm	14+	£3	RDC

All activities are subject to change.

 To book, make a note of the activity booking code and

Day	Activity	Venue	Time	Age	Cost	Code
Thurs	Jumping Beans	Clements Hall LC	9.30-10.30am	18mths-5	£3.70	CH
Thurs	Family Modroc Model Making	Sweyne Park School SS6 9BZ	10am-12pm	5+	£3	RES
Thurs	Badminton	Clements Hall LC	10-11am	8-14	£3.50/£4	CH
Thurs	Gym Tots	Clements Hall LC	10.30-11.30am	3-5	£3.70	CH
Thurs	Street Dance	Clements Hall LC	1.30-2.30pm	5-8	£4.50/£5	CH
Thurs	Street Dance	Clements Hall LC	2.30-3.30pm	8-14	£4.50/£5	CH
Thurs	How to draw Manga-style	Canewdon Village Hall SS4 3PG	2.30pm-5pm	14+	£3	RDC
Thurs	Trampolining	Rayleigh LC	4-5pm	3-8	£3.70	R
Thurs	Trampolining	Rayleigh LC	5-6pm	3-8	£3.70	R
Thurs	Trampolining	Rayleigh LC	6-7pm	8-16	£4.95/£4.25	R
Fri	Golf	Lords Golf & Country Club	9.30-11.30am	U15	£3	L
Fri	Blast Multi Sports	Clements Hall LC	9.30am-12pm	5-12	£5.50/£6	CH
Fri	Creative window decorations	Hullbridge Library	10am-12pm	7-11	£4	HUL
Fri	Family Silk Painting	Waterman Primary School SS3 1QF	10am-12pm	5+	£3	RES
Fri	Funky Monkey Music	Rayleigh LC	12-1pm	2-4	£3.70	R
Fri	Creative window decorations	Hockley Library	2-4pm	7-11	£4	HOL
Fri	3D Graphic Design	Rochford Library	2-4pm	14+	£4	ROL
Fri	Junior Body Combat	Clements Hall LC	2.30-3.15pm	8-16	£4	CH
Fri	Judo (Beginners)	Clements Hall LC	5-6pm	5-16	£2.65/3.30	CH

Multi Day Activities

Day	Activity	Venue	Time	Age	Cost	Code
Mon-Wed	Philharmonia Orchestra Workshop	Great Wakering Primary School SS3 0E	10am-4pm	8+	Free	RES
Tues-Thurs	Ice Skating	Riverside Junior School SS5 6ND	10am-4pm	All ages	Free	NBR
Tues-Thurs	Ice Skating	Rayleigh Primary School SS6 7DD	10am-4pm	All ages	Free	NBR
Mon-Fri	Swimming Lessons (with aids)	Clements Hall LC SS5 4LN	8-8.30am	Under 5s	£21.50/£25.50	CH
Mon-Fri	Swimming Lessons (without aids)	Clements Hall LC SS5 4LN	8.30-9am	Under 5s	£21.50/£25.50	CH
Mon-Fri	Synchronised Swimming (must be able to swim 100m)	Clements Hall LC SS5 4LN	9-10am	Over 8s	£25/29	CH
Mon-Fri	Swimming Lessons (with aids)	Clements Hall LC SS5 4LN	9-9.30am	Over 5s	£21.50/£25.50	CH
Mon-Fri	Swimming Lessons (without aids)	Clements Hall LC SS5 4LN	9.30-10am	Over 5s	£21.50/£25.50	CH
Mon-Fri	Rookie Lifeguard (must be able to swim 100m)	Clements Hall LC SS5 4LN	12-1pm	Over 8s	£25/£29	CH

All activities are subject to change.

refer to page 2 for the booking telephone numbers ✨

Rochford Extended Schools

Old Mother Hubbard Children's Puppet Show by Essex on Tour

Sweyne Park School (RES)
All ages

All children must be accompanied
by an adult

Old Mother Hubbard went to the cupboard to fetch her poor dog a bone, but when she got there, the cupboard was bare...Or was it? A dotty old woman takes you on a nursery rhyme journey as she clatters about in her kitchen and her dancing dog sniffs out trouble in the most unlikely places. Using well crafted glove puppets, clowning and a feast of musical treats, Garlic Theatre delight children and adults alike with a spicy blend of slapstick and folk humour in this fresh but funny adaptation.

Rochford Extended Schools Voucher Scheme

If you are having difficulty in paying for any of the Rochford Extended Schools activities, please contact your child's school for details of our voucher scheme.

3 Day Philharmonia Orchestra Workshop

The Great Wakering Primary
School (RES)
8+

An exciting opportunity for young musicians to work alongside members of the Philharmonia Orchestra to produce a piece of music that will be performed to parents and guests at the end of the three days. Participants need to have a basic understanding of music and provide their own instrument.

Family Modroc Model Making

Sweyne Park School (RES)
5+

All children must be accompanied
by an adult

An opportunity for you to design a model of your choice and then construct it using the materials provided; examples and assistance are available and all materials are provided. Please be aware that this is a messy activity!

The above is just a selection of the activities on offer.
Turn to centre pages for the full programme.

Virgin Active

At **Clements Hall** and **Rayleigh Leisure Centres**, we have a variety of sports and activities to keep your kids of all ages entertained during the Half Term holiday.

Below is just a selection of the exciting activities on offer...

Junior Body Attack, Junior Body Combat, Junior RPM (CH)

A chance to try the world's most popular group fitness classes. Choose from the sports inspired cardio Body Attack, our martial arts Body Combat workout or RPM indoor cycling.

Crazy and Creative (R)

Unleash the artist in your little ones as we get creative in this fun art activity.

Jumping Beans & Gym Tots (CH)

A brilliant session that improves co-ordination whilst enjoying non-stop action on the climbing and soft play equipment.

Swimming Lessons (CH)

Following the ASA's National Teaching Plan, our swimming lessons will help kids of all ages improve their strokes, learn new skills and gain confidence in the water.

Funky Monkey Movers/Music, Funk & Shake, Little Shakers, Rock That Beat & Street Dance (CH/R)

Our specially designed dance classes are guaranteed to get everyone moving whether you fancy learning some Funky Monkey moves, hip hop or urban dance.

Trampolining (CH/R) & Tramp o' Bounce (CH)

Bound, bounce... boing! Learn to bounce safely and master the basic skills required in trampolining with bouncy castle at CH for Tramp o' Bounce sessions.

Climbing (CH)

Come along and have a go at climbing under strict supervision and let us show you the ropes! No experience required.

The above is just a selection of the activities on offer. Turn to centre pages for the full programme.

PLUS don't forget to pull out and keep the insert for the FREE Rochford District Sports Festival, 4-8 March 2010.

Important information

- Unless otherwise stated activities must be booked in advance.
- Once places have been booked any payments will be non-refundable.
- Rochford Leisure Card holders are entitled to discounted prices on Rochford District Council and Virgin Active activities. Refer to activity table for prices. Leisure Cards can be purchased at Rayleigh or Clements Hall Leisure Centres.
- Participation in any activity constitutes your agreement to your child being included in any photographs taken for publicity purposes. If you do not wish your child to be included in any photography please inform us when booking.
- Contact the Family Information Service on 0800 0556874 for information about child care during school holidays and if you are entitled to help paying for the services.

Disclaimer

Booking any of the activities constitutes your agreement that the authority providing the facilities, their agents, servants and employees are not under any liability or obligation whatsoever in respect of personal liability, injury or obligation whatsoever in respect of personal liability, injury loss or damage however caused whilst your child attends the activity.

If you would like this information in large print, Braille or another language, please contact 01702 318121.

explore culture
you're part of it

 **Rochford**
District Council

