

Enjoy the long weekend - we'll be here

Bank holiday opening times

Date	Opening hours
Monday 31 May	0700-2000

Gym & court bookings

0700-2000

Club-V

Closed

Pool

0700-0900
0900-1030
1030-1200
1200-2000

Sunrisers
General Swim
Fun Swim
General Swim

Studio Classes

0930-1030
1030-1130
1800-1900

Body Combat
Body Pump
Body Attack

PLUS don't forget our new group exercise timetable has now launched. Highlights include a brand new Running Club, a new launch of Nike Training Club and three Zumba classes per week.

